



POST-SEDATION INSTRUCTIONS

Symptoms

The symptoms your child may experience after the treatment are; grogginess, tiredness, sleepiness, dizziness, lack of coordination and crankiness, because children often fight being tired. These symptoms will last anywhere from 3-6 hours after leaving the office.

Getting Home

Please use proper restraints for your child (car seat or seat belts). It is important to keep the child's head erect to keep the airway open. One adult should sit next to the child for careful monitoring.

Napping After

Most children tend to go home and take a nap. Prop the child on his/her side on the floor without a pillow (do not place your child on a bed or the couch) and monitor carefully. After approximately 4 hours, gently awaken your child if he/she is still sleeping.

Activities

If your child goes home and does not take a nap, do not be concerned. Each individual acts differently. Closely supervise any activity. Extra care is necessary. Do not allow your child to engage in active play (running, jumping, climbing, going outdoors, etc.) Make the day of the appointment quiet and relaxed. Do not send your child to school the day of this appointment.

Eating, Drinking and Numbness

Since we required you to not feed your child before this dental appointment, your child may be hungry. Delay solid foods until the numbness from the local anesthetic wears off. When a child is numb, he/she may play with or chew on the lips, cheeks and tongue. Watch your child very carefully to insure the child does not bite, chew or play with the lips, cheeks or tongue.

After this visit, the first drink should be clear liquids (water, apple juice, 7up, etc.). Small drinks taken repeatedly are preferable to taking large amounts. Then you can move to soft foods such as (yogurt, scrambled eggs, Jell-o, etc.). If your child is able to keep that down then they may eat solid foods.



Temperature Elevation

The child's temperature may be elevated to 101 °F / 38 ½ °C for the first 24 hours after treatment.

Tylenol and fluids every 3-4 hours will help to alleviate this condition. A temperature above 101 °F / 38 °C is cause to notify our office.

Seek Advice

- ▶ If vomiting persists beyond 4 hours.
- ▶ If the temperature remains elevated beyond 24 hours or rises above 101 °F / 38 °C.
- ▶ If there is any difficulty breathing or a rash develops.
- ▶ If any other matter causes your concern.